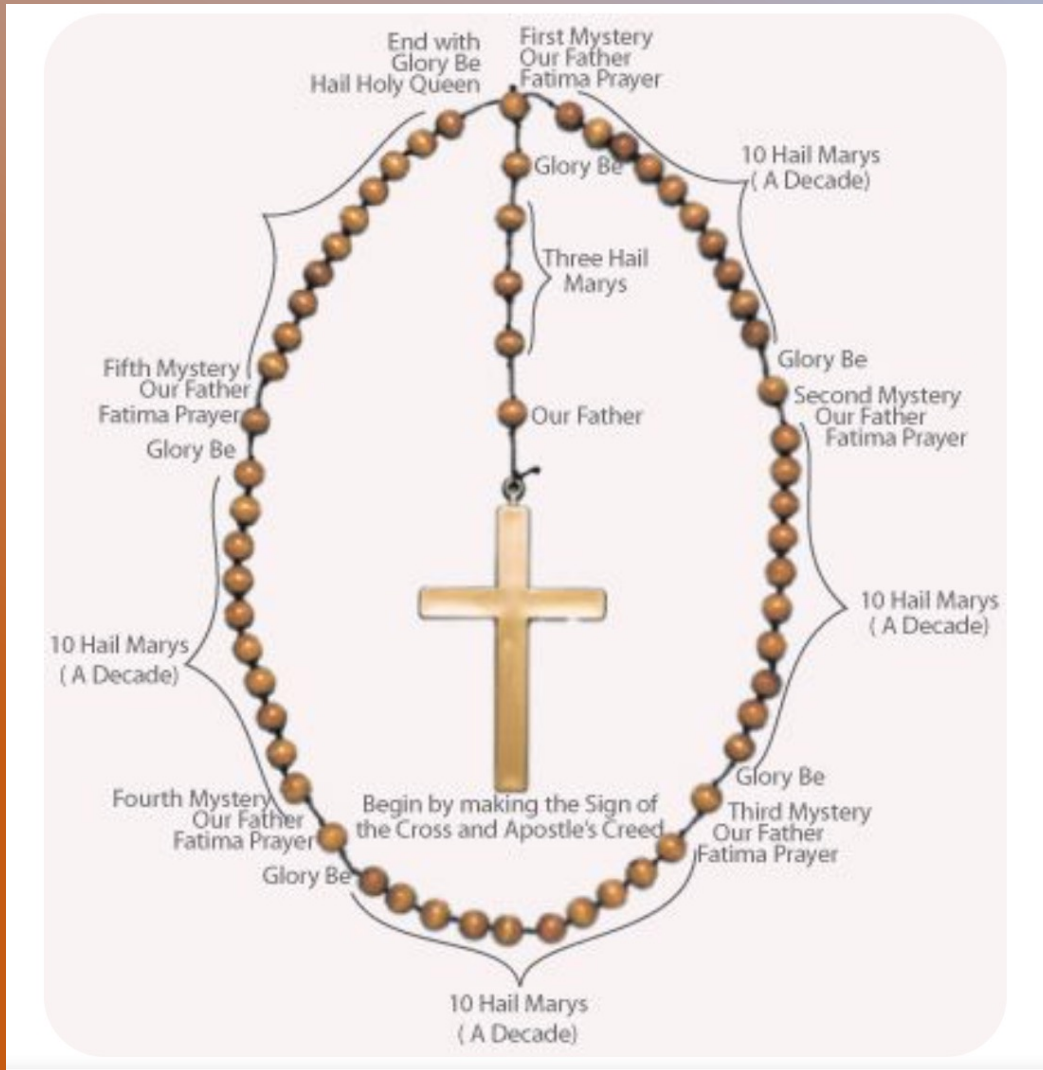


How to Pray the Rosary



Sorrowful Mysteries of the Rosary

- **Sign of the Cross:**
 - All: In the name of the Father, of the Son, and of the Holy Spirit. Amen.
- **Apostles' Creed:**
 - All: I believe in one God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.
- **Our Father:** for the intentions of our Holy Father
 - Leader: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.
- All: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.
- **Hail Mary:** for an increase of the virtue of faith
 - Leader: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
- All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
- **Hail Mary:** for an increase of the virtue of hope
- **Hail Mary:** for an increase of the virtue of charity
- **Glory Be:**
 - Leader: Glory be to the Father, and to the Son, and to the Holy Spirit
 - All: As it was in the beginning, is now and ever shall be, world without end. Amen.

Fatima Prayer:

All: O My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those in most need of Thy mercy.

First Sorrowful Mystery: *(at beginning of decade)*

Leader: Lord Jesus, we offer You this first decade to honor Your Mortal Agony in the Garden of Gethsemane, and we ask of You, through this Mystery and through the intercession of Your Holy Mother, a perfect contrition for our sins.

1 Our Father, 10 Hail Mary, 1 Glory Be, 1 Fatima Prayer

Second Sorrowful Mystery: *(at beginning of decade)*

Leader: Lord Jesus, we offer You this second decade to honor Your Bloody Scourging, and we ask of You, through this Mystery and through Mary's intercession, the grace to mortify our senses.

1 Our Father, 10 Hail Mary, 1 Glory Be, 1 Fatima Prayer

Third Sorrowful Mystery: *(at beginning of decade)*

Leader: Holy Spirit, we offer You this third decade to honor Your Crowning with Thorns, and we ask of You, through this Mystery and through the intercession of Your Holy Mother, the grace of moral courage.

1 Our Father, 10 Hail Mary, 1 Glory Be, 1 Fatima Prayer

Fourth Sorrowful Mystery: *(at beginning of decade)*

Leader: Lord Jesus, we offer You this fourth decade to honour Your Carrying of the Cross, and we ask of You, through this Mystery and through the intercession of Your Holy Mother, great patience in carrying our cross in Your footsteps every day.

1 Our Father, 10 Hail Mary, 1 Glory Be, 1 Fatima Prayer

Fifth Sorrowful Mystery: *(at beginning of decade)*

Leader: Lord Jesus, we offer You this fifth decade to honor Your Crucifixion on Mount Calvary, and we ask of You, through this Mystery and through the intercession of Your Holy Mother, the grace of final perseverance.

1 Our Father, 10 Hail Mary, 1 Glory Be, 1 Fatima Prayer

Hail, Holy Queen:

All: Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus, O clement, O loving, O sweet Virgin Mary.

Rosary Prayer:

Leader: Pray for us, O holy Mother of God.

All: That we may be made worthy of the promises of Christ.

Leader: O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation; grant we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord.

All: Amen.