



The Five First Saturdays devotion is one of the principal points of the Fatima message. It centers on the urgent need for mankind to offer reparation and expiate for the many injuries that the Immaculate Heart of Mary suffers from the hands of both impious and indifferent men.

On the First Saturday during 5 Consecutive Months, the Devotion consists of:

1. Going to Confession,
2. Receiving the Sacrament of Holy Communion,
3. Saying five decades of the Rosary,
4. Meditating for 15 minutes on the mysteries of the Rosary.

All this offered in REPARATION for the sins of blasphemy and ingratitude committed against the Immaculate Heart of Mary.

History

During the third apparition on July 13, 1917, Our Lady revealed that she would come to ask for the consecration of Russia to her Immaculate Heart and for the Communion of Reparation of the Five First Saturdays. Consequently, she asked for the devotion in 1925 and the consecration in 1929. While staying at the House of the Dorothean Sister in Pontevedra, Portugal, Sister Lucia received a vision on December 10, 1925 where the Blessed Mother appeared alongside a Boy who stood over a luminous cloud. Our Lady rested one hand on the Boy's shoulder while she held on the other hand a heart pierced with thorns around it. Sister Lucia heard the Boy say, "Have pity on the Heart of your Most Holy Mother which is covered with thorns with which ingrate men pierce it at every moment with no one to make an act of reparation to pull them out."

Our Lady expressed her request in the following words, "See, my daughter, My Heart surrounded with thorns with which ingrates pierce me at every moment with blasphemies and ingratitude. You, at least, make sure to console me and announce that all those who for five months, on the first Saturdays, go to confession, receive Communion, say five decades of the Rosary and keep me company for 15 minutes meditating on the mysteries of the Rosary, with the purpose of making reparation to Me, I promise to assist them at the hour of death with all the graces necessary for the salvation of their souls."

A few days afterward, Sister Lucia detailed this vision in a letter addressed to Monsignor Manuel Pereira Lopes, her confessor when she resided in the Asylum of Vilar in the city of Oporto, Portugal.

Why Five Saturdays?

Sister Lucia's confessor questioned her about the reason for the five Saturdays asking why not seven or nine. She answered him in a letter dated June 12, 1930. In it she related about a vision she had of Our Lord while staying in the convent chapel part of the night of the twenty-ninth to the thirtieth of the month of May, 1930. The reasons Our Lord gave were as follows:

The five first Saturdays correspond to the five kinds of offenses and blasphemies committed against the Immaculate Heart of Mary. They are:

- a. Blasphemies against the Immaculate Conception
- b. Blasphemies against her virginity
- c. Blasphemies against her divine maternity, at the same time the refusal to accept her as the Mother of all men
- d. Instilling indifference, scorn and even hatred towards this Immaculate Mother in the hearts of children
- e. Direct insults against Her sacred images

Let us keep the above reasons firmly in our minds. Devotions have intentions attached to them and knowing them adds merit and weight to the practice.